



NYSPMR

The New York Society of Physical Medicine and Rehabilitation



Spasticity Workshop: The Use of Neurotoxins in the Management of Spasticity

Sponsored by NYU Langone Medical Center, NYSPMR, and Allergan.

Saturday, October 21, 2017

9am-12pm

Registration will open @ 8:30am

Location

NYU Langone Medical Center

550 First Avenue, Skirball Institute, 4th Floor Seminar Room, New York, NY, 10016

(Upon entering the lobby, take a left toward the Skirball Institute and take elevator up to 4th floor. Signs will direct you from the 4th floor.)

Guest Speakers

- **Leroy Lindsay, MD, Assistant Professor, Clinical Rehabilitation Medicine, New York Presbyterian Hospital and Weill Cornell Medical College.** Dr. Lindsay received his Bachelor of Arts degree from Williams College. He obtained his M.D. from University of Rochester School of Medicine and Dentistry. He completed his residency training in Physical Medicine and Rehabilitation at Rutgers-NJMS/Kessler Institute for Rehabilitation, finishing his training in 2014. After his residency, he completed a fellowship in Brain Injury Medicine and Neurorehabilitation at Georgetown University/MedStar National Rehabilitation Hospital.

Organizers

Course Director: Leroy Lindsay, MD

Workshop Committee Chairs: Leroy Lindsay, MD and Nick Beatty, DO

Resident Committee Members: Naomi Kaplan, BS, MBBS and Yonghoon Lee, DO

Site Coordinator: Teresa Bianchi, DO

Target Audience

This is a hands-on spasticity management course focusing on the injection of neurotoxins for the treatment of spasticity techniques. It is designed for beginner to intermediate level attending physicians, residents, fellows, and medical students.

Objectives

- Review the anatomy and physiology behind spasticity as it presents in a wide range of conditions
- Describe the clinical features of spasticity and how to recognize candidates for chemical neurolysis
- Describe the mechanism by which neurotoxins work
- Learn to properly dose and reconstitute toxin
- Review proper injection techniques and common pitfalls

Course Agenda

- 8:30 am - 9:00 am: Registration
- 9:00 am – 9:45 am: Lecture by Dr. Lindsay
- 9:45 am - 11:45 am: Hands on Workshop
- 11:45am - 12:00 pm: Q&A, Wrap-Up, and Discussion

Cost

\$30 (for active NYSPMR members) and \$150 (for non-members)

Non-members may pay membership online to join by going to: www.nyspmr.org/membership

Registration

- Click [here](#) to complete the registration form. Sign up early to reserve a spot!
- Members will be eligible for the discounted rate by entering their membership email address during the check-out process.
- Non-members may receive the discounted workshop rate by selecting “Join Us” and becoming a member prior to making a payment.

Parking (not included) is available on 530 First Avenue (under NYU Langone Medical Center near 30th St) or 400 East 34th Street (entrance to the Rusk Institute of Rehabilitation Medicine).

NYU Langone is accessible by the M15 bus or by 6 train to 33rd St. & Park Ave.

Breakfast & Refreshments

Provided courtesy of Allergan.