

# Shoulder Pain?

HOSPITAL  
FOR  
SPECIAL  
SURGERY



Hospital For Special Surgery  
Institutional Review Board

OCT 28 '15 To OCT 27 '16

APPROVAL

The Department of Physiatry is investigating minimally invasive ways to help heal shoulder joints that are inflamed because of damaged or worn out cartilage, a condition known as **glenohumeral osteoarthritis**.

We are recruiting subjects who have **glenohumeral osteoarthritis** for a research study that compares the outcomes of pain relief, increased function, and overall effectiveness of platelet rich plasma and hyaluronic acid injections.

*Platelet rich plasma (PRP) is created from your own blood and contains high amounts of factors that stimulate healing and reduce inflammation.*

*Hyaluronic acid is a naturally occurring molecule in your joints that helps maintain cartilage health.*

**Participants will receive one of these two treatments. The study requires only one in-person visit.**

***Please contact the Department of Physiatry Research Assistant for more information.***

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