

*April 2010*

**The New York Society of Physical Medicine & Rehabilitation  
- FOUNDED 1921-**

**2009-2010 Officers**

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**Members at large: David Lee, MD, Sheetal Deo, DO, Sagar Parikh, MD, Charles Simmons, MD**

**NYSPMR Monthly Lecture Series and CME:**

**Residents' Bowl – May 5, 2010**

Our next monthly lecture will feature New York's finest residents in Physical Medicine and Rehabilitation at the annual NYSPMR Resident Bowl! Representatives from various PM&R residency programs throughout New York will battle it out "game-show style" to determine who will have the honors of victory! All are invited to attend and observe the competition, which will likely be entertaining as well as provide an educational review on a variety of topics pertinent to the field. Questions for the annual resident bowl are being finalized. Attendings can submit multiple-choice style questions to Dr. Ruth Alejandro at [alejanjr1@netzero.net](mailto:alejanjr1@netzero.net) and Dr. Susan Stickevers at [Susan.Stickevers@va.gov](mailto:Susan.Stickevers@va.gov)

**Residents' Night – June 2, 2010**

The educational year will conclude in June with the annual NYSPMR Resident's Night. Submissions of original research abstracts or case reports (which have not been previously published or presented) are now being accepted and reviewed. This is an excellent chance for resident authors to submit their original works to The NYSPMR for the opportunity to present and obtain official recognition. To be considered for presentation please email your original abstract to [Susan.Stickevers@va.gov](mailto:Susan.Stickevers@va.gov)

**For later events, please visit us on Facebook or visit our website at [www.nyspmr.org](http://www.nyspmr.org)**

We would like to express our gratitude to The Hospital for Special Surgery for providing our CME accreditation this year as well as for allowing us the use of their conference center for the past 5 years. Please visit the HSS website to learn about further educational activities that are being offered by the hospital. <http://www.hss.org/cme.asp> If you have questions or concerns regarding the content or

presentation of a session please contact Dismayra Martinez, PA, MA, Coordinator of Professional Education at The Hospital for Special Surgery 212.606.1613 [martinezd@hss.edu](mailto:martinezd@hss.edu) or Danielle McPherson at 212.606.1812 [mcphersond@hss.edu](mailto:mcphersond@hss.edu)

## Upcoming Workshops

- **Musculoskeletal Ultrasound - April 24, 2010: Free for NYSPMR members**  
(For membership information, see below) Special thanks to Drs. David Cheng and Chris Visco of New York Presbyterian Hospital for organizing this event!

New York Presbyterian Hospital

7:45-8:00 Introduction and Orientation – Dr. David Cheng  
8:00-8:30 Physics and Knobology lecture – Dr. Jeffrey Radecki  
8:30-9:00 Basic Structures and Appearance on US lecture – Dr. Christopher Visco  
9:00-10:00 Intro to Shoulder, hands-on – Dr. Gerard Malanga  
10:00-10:15 Break  
10:15-11:30 Elbow, Wrist and Nerves, hands-on – Dr. Andre Panagos  
11:30-12:00 Injection Demo – Dr. Jeffrey Radecki  
12:00-1:00 Lunch (on your own)  
1:00-2:00 Hip and Knee hands-on – Dr. Jennifer Solomon  
2:00-2:30 Indications, Advantages and Disadvantages of MSK US lecture – Dr. Gary Chimes  
2:30-2:45 Break  
2:45- 3:45 Foot and Ankle, hands-on - Dr. Visco and Dr. Tom Saullo  
3:45-4:15 Playtime, hands-on  
4:15-4:30 Q&A and Adjourn

- **Legal medicine workshop series:** Dr. Alan Lambert, M.D., Esq., will be providing an upcoming workshop on topics pertinent to physiatrists, including preparing for court appearances, becoming an expert witness, and testifying in malpractice cases. The date on this workshop has been delayed temporarily, while Dr. Lambert relocates into his new practice. Further details will be announced. In addition to this educational workshop, Dr. Lambert is offering NYSPMR members discounted rates for his services and expertise in legal medicine. He can be contacted at: Alan Lambert, M.D., Esq. - Attorney At Law 11 Middle Neck Road, Suite 208. Great Neck, NY, 11021 Telephone:(516) 466-0086 E-Mail: [Alan@LambertHealthLawyer.com](mailto:Alan@LambertHealthLawyer.com)
- **Botox Workshop:** April 20<sup>th</sup>, Email [nysocietyofpmr@gmail.com](mailto:nysocietyofpmr@gmail.com) for details
- **Fibromyalgia Workshop:** May 12<sup>th</sup> Email [nysocietyofpmr@gmail.com](mailto:nysocietyofpmr@gmail.com) for details
- **Medical Student Workshops:** NYSPMR resident members plan to hold some educational workshops for medical students at Tuoro osteopathic school in 2010. If anyone wishes to

assist in mentoring or reaching out to medical students interested in physiatry, please contact [nysocietyofpmr@gmail.com](mailto:nysocietyofpmr@gmail.com) for details

### **Membership Information:**

The New York Society of Physical Medicine and Rehabilitation (NYSPMR) is a non-profit educational organization dedicated to the advancement of the specialty of Physical Medicine and Rehabilitation (PM&R) and to providing for our members educational, networking and legislative opportunities. Our Society consists of New York State physicians practicing or interested in the field of PM&R.

To join the NYSPMR, please contact Valerie Davis, 12 East 41st Street, 15th floor. New York, N.Y. 10017 Tel: 212-684-4670 or visit our website at [www.nyspmr.org](http://www.nyspmr.org) Membership dues can be paid by check to Valerie Davis, or via Paypal.

### **Membership Benefits:**

\*\*Obtain CME credits at monthly lectures. Credits are obtained through The Hospital for Special Surgery.

\*\*Resident Members receive free access to lectures on legal medicine topics, including evaluating employment contracts, by the NYSPMR special health counsel Alan Lambert, MD, Esq.

\*\*Obtain free or discounted educational workshops

\*\*Support Legislative Initiatives and contribute to the interests of our specialty within New York State through society representation in Albany.

\*\*Receive newsletters on the latest on legislative and practice performance issues in New York State.

### **News from the NYSPMR Legislative Committee**

Marty Schaum, Esq. continues to closely monitor the ongoing legislative initiatives in Albany which affect our profession. Mr. Schaum reports that it has been his privilege to represent the Society for more than twenty years. Those interested in learning more about these issues or joining in our visits to Albany please contact Mr. Schaum at 516-228-8766 or email to [SCHAUM@SCHAUMLAW.COM](mailto:SCHAUM@SCHAUMLAW.COM)

The NYSPMR has joined with the NYS Coalition of Specialty Care Physicians. This is an important new development to help with our lobbying efforts in Albany and we encourage our members to become more involved in these issues. The primary focus of the Coalition is scope of practice at the NYS level. This pilot project is, in part, supported by a grant to NYSOS from the American Academy of Ophthalmology.

**Lobby Day – May 11, 2010:** Physicians from all localities will converge on the State Capital on May 11 to advocate for their patients and profession during the **2010 State Lobby Day**. There are currently several priority pieces of legislation being considered by the legislature, including bills that threaten to inappropriately expand the scope of practice of allied health professions into

the realm of medicine. With the balance of power in the Senate this year determined by one vote, it is critical that we have broad representation from all specialties if we are to be successful in affecting the outcome of the political process to the benefit of the patients we serve. This year's **Lobby Day** will be exciting and historical as we unite with colleagues from several other specialties with similar concerns. The day will kick off with a breakfast, legislative briefing, and Q&A session from 9:00-10:30 a.m. in Meeting Rooms 3&4 in The Egg (Empire State Plaza, Albany). Immediately following, physicians will meet with their elected representatives in the Senate and Assembly (meetings will be scheduled for you). Attendees will be paired with other physicians and/or staff and provided with easy to understand arguments, either in support of, or in opposition to particular bills of interest. Clear your calendar and let your concerns be heard on May 11. Email [nysos2020@aol.com](mailto:nysos2020@aol.com) to take part in this pivotal opportunity or for further details.

### **Advertising Opportunities**

Advertise your company or products on the NYSPMR website, or sponsor the NYSPMR lecture series for the 2010-2011 academic year, and obtain recognition at the start of each well-attended monthly lecture. This is a low-cost, high-visibility opportunity to reach out to numerous psychiatrists in the state of New York. Contact [nysocietyofpmr@gmail.com](mailto:nysocietyofpmr@gmail.com) for details.

**Social Events** occur regularly at nearby venues following the conclusion of the lectures. Location will be announced during the lecture. Please join us in these events to get to know your fellow psychiatrists.

**Book of the Month** A new version of the NYSPMR website [www.nyspmr.org](http://www.nyspmr.org) is under construction thanks to the hard work of the IT committee! We will be featuring a book each month on the website. If you would like your book featured, or would like to recommend a book to be featured, please email a brief endorsement to [nysocietyofpmr@gmail.com](mailto:nysocietyofpmr@gmail.com)

### **Community Outreach Activities**

NYSPMR is proud to help serve our community. Current outreach activities by NYSPMR members include volunteering for the Special Olympics. Projects include providing medical clearance exams for athletes, volunteering at regional tournaments in New York, and contributing wellness tips to the Special Olympics journal. If interested in contributing or joining these projects, please contact Emerald Lin, MD [lin.emerald@nyspmr.org](mailto:lin.emerald@nyspmr.org)

**Inspirational Words of the Month** "Let us be of good cheer, remembering that the misfortunes hardest to bear are those that never happen." -James Russel Lowell